

Selborne

A top down sock with a little bit of interest at every stage. A surprisingly stretchy lace rib, a panel of colour-work flowers and the main part of the sock knitted in a simple wrap stitch pattern. Heels and toes are knitted in a contrast colour and the eye of the flower is Swiss darned on afterwards. The length of the sock can be easily adjusted so the pattern can show over the top of your favourite ankle boots.

Size

Medium ladies foot 23cm / 9" in circumference.
Actual circumference of sock 19cm / 7.5"

Materials

MC: Ainsworth & Prin BFL Smooth Sock (100% Blue Faced Leicester 400m/100g), Pale November
CC1: approx. 20g Ainsworth & Prin BFL Smooth Sock, Jewel
CC2: approx. 3m yellow
or
MC: Ainsworth & Prin Classic Sock (80% Merino, 20% nylon 365m/100g), Lime Mortar
CC1: approx. 20g Ainsworth & Prin Classic Sock,
CC2: approx. 3m yellow
1 set 2.25mm / US1 double-pointed needles, or size needed to obtain correct tension.
Stitch marker.
Tapestry needle.

Tension

Colour-work pattern: 32 sts x 40 rounds = 10 cm/4in after blocking.

Wrap stitch pattern: 36 sts x 46 rounds = 10 cm / 4 in after blocking.

Abbreviations

k: knit
k2tog: knit two stitches together
m1: Make one stitch - pick up strand between the two needles from front to back with the tip of the left needle, knit into the back of the loop.
p: purl
p2tog: Purl two stitches together.
patt: Pattern
pm: place marker.
rep: repeat
RS: right side
sl: Slip st purlwise

sts/st: stitches/stitch
tbl: through the back loop.
WS: wrong side
W2sts: Wrap 2 stitches. Bring the yarn forward, knit 2. This makes a yarn over. With the point of the left hand needle lift the yarn over, over the two knit stitches.
yfrn: Yarn forward round needle.
yo: yarn over.
MC: main colour.
CC1: contrast colour 1.
CC2: contrast colour 2.

Wrap Stitch Pattern

Over a multiple of 8 sts

Round 1: K.

Round 2: K.

Round 3: K

Round 4: K1, *W2sts, k4; rep from * to last 5 sts, W2sts, k3.

Rounds 5 – 7: Rep rounds 1-3.

Round 8: *K4, W2sts; rep from * to end of round.

Both Socks

Cuff

Using CC1 and the long tail method cast on 60 sts. Arrange stitches as follows over three needles.
Needle 1: 20 sts.
Needle 2: 22 sts.
Needle 3: 18 sts.
Join to work in the round being careful not to twist the sts. Place marker for start of round.

Begin Lace Ribbing.

Round 1: *K2, p1; rep from * to end of round.

Change to MC

Round 2: *k2, p1, k2tog, yfrn, p1; rep from *to end of round.

Round 3: *k2, p1; rep from * to end of round.

Round 4: *k2, p1 yo, k2tog tbl, p1; rep from * to end of round.

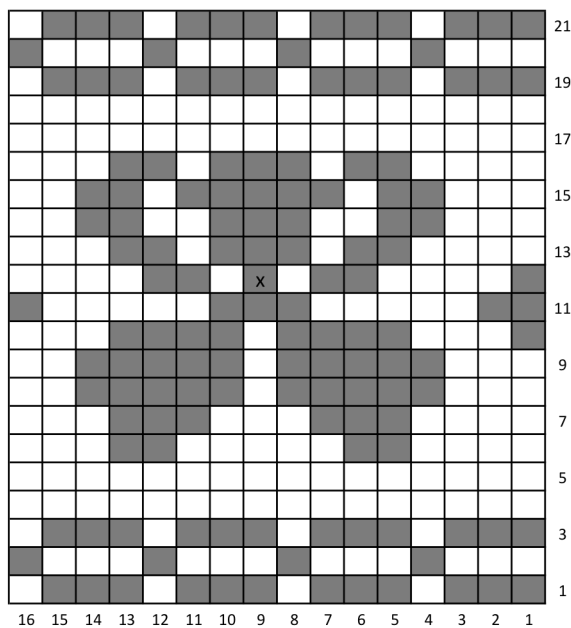
Continue in the lace ribbing pattern working a total of 6 full pattern repeats. (24 rows).

Next round: K.

Increase round: k7, m1, *k15, m1; repeat from * until 8 sts rem, k8. (64sts)

Leg

Reading from right to left, work the 21 row chart, repeating the 16 st motif 4 times over the 64 sts. The Square marked with 'X' is Swiss Darned after completing the sock.



Next round: K in MC

Decrease round: K6, k2tog, *k14, k2tog; rep from * until 8 sts rem, k8. (60 sts)

Next round (Wrap Stitch Pattern):

Round 1: K.

Round 2: K.

Round 3: K

Round 4: K1, *W2sts, k4; rep from * to last 5 sts, W2sts, k3.

Rounds 5 – 7: Rep rounds 1-3.

Round 8: *K4, W2sts; rep from * to end of round.

Continuing with the wrap patt work a further 57 rounds or until the desired length is reached ending on round 1 or 5.

Heel Flap

Set up: K 15, sl the rem sts from needle 1 to needle 2. Turn the work so the WS is facing.

Next row (WS): Change to CC1, sl1, p29.

The heel flap is worked back and forth on these 30 sts. Keep the remaining 30 sts on the second needle for the instep.

Row 1 (RS): *Sl1, k1; rep from * to end.

Row 2: Sl1, p to end.

Repeat these two rows 14 more times, a total of 31 rows in CC1 ending with a WS row.

Turn Heel

Row 1 (RS): Sl1, k16, ssk, k1, turn.

Row 2: Sl1, p5, p2tog, p1, turn.

Row 3: Sl1, k to 1 st before gap, ssk (closing the gap), k1, turn.

Row 4: Sl1, p to 1 st before gap, p2 tog, p1, turn.

Rep rows 3 and 4 until all sts have been worked 18 heel sts remain.

Gusset

Change to MC

Set up round: K9, pm for start of round, k9, pick up and knit 16 sts along the side of the heel flap, one st for each of the slipped stitches. Change needle and work the 30 instep sts starting with texture pattern row 2 (a knit row). Change needle, pick up and knit 16 sts along the side of the heel flap, k to marker. The start of the round is now in the middle of the heel sts. (80 sts).

1st needle: 25 sts.

2nd needle: 30 sts.

3rd needle: 25 sts.

Shape Gusset

Round 1: K to last 3 sts on 1st needle, k2tog, k1, work in pattern as established over 30 instep sts, k1, ssk, k to end of round.

Round 2: K sts on 1st needle, work in pattern over instep sts, k sts on 3rd needle.

Rep these 2 rounds a further 9 times. (60 sts).

Foot

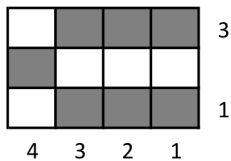
Continue in patt as established until the sock measures 7 cm / 2 ¾ in less than the desired foot length ending with round 3 or 7 of the Wrap Stitch patt.

<https://www.craftsy.com/blog/2015/12/swiss-darning/>

Wet block to shape and leave until dry.

Join in CC1.

Reading from right to left, work the 3 row chart repeating the 4 st motif 15 times over the 60 sts.



Next: K 2 rounds in MC.

Toe Shaping

The toe is worked using CC1.

Decrease round: K to last 3 sts on 1st needle, k2tog, k1; k1, ssk, k to last 3 sts on 2nd needle, k2tog, k1; k1,ssk, k to end. (56 sts).

Knit 3 rounds.

Rep the decrease round. (52 sts).

Knit 2 rounds.

Rep the decrease round. (48 sts).

Knit 2 rounds.

Rep the decrease round. (44 sts).

Next round: K.

Rep the decrease round. (40 sts).

Next round: K.

Rep the decrease round. (36 sts).

Next round: K.

Rep the decrease round 4 more times. (20 sts).

Next round: K the 5 sts from 1st needle.

Graft the toe stitches together with Kitchener Stitch, a very good tutorial can be found here.

<http://www.knitty.com/ISSUESummer04/FEATtheresasm04.html>

Sew in all ends. The centre stitch of the viola marked X in the chart is Swiss Darned using duplicate stitch and CC2. Try to darn each flower centre individually rather than working with a float as there is very little stretch when putting on the sock if floats are used.

A tutorial for Swiss Darning can be found here.