

# Utility Cowl



## Finished Measurements

53cm/21in in circumference and 18cm/7in deep after blocking.

## Materials

Erika Knight Studio Linen (85% recycled rayon linen fibre and 15% premium linen;  
120m/131yds per 50g skein).

Main colour 1 x 50g skein in Neo (404)

Contrast colour 1 x 50g skein in Bone (401).

## Needles and Notions

1 x 4mm/US 6 circular needle 40cm/16in long.

1 x 3.75mm/US 5 circular needle 40cm/16in long.

Darning needle to sew in ends.

Stitch marker.

## Tension

Herringbone pattern on 4mm needles:

27 sts x 57 rounds = 10cm, after blocking.

## Abbreviations

k: knit

k2tog: knit 2 stitches together.

kfb: knit into the front and back of the next st.

LH: left hand.

sl: Slip stitch purlwise without knitting it.

st/s: stitch/es

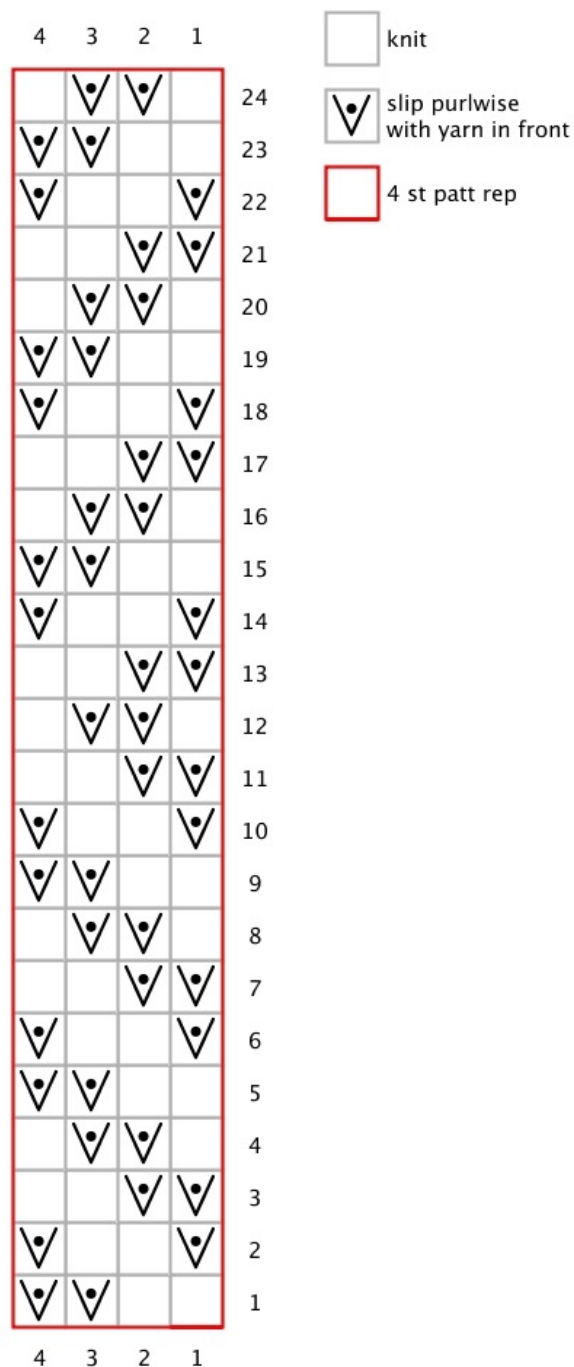
ssk: Slip, slip, knit. Slip the next two sts knit-wise, one at a time, return to the LH needle in their new orientation and k together through the back loops.

rep: repeat

tbl; through the back loops.

wyif: With yarn in front.

## Herringbone Chart



## Herringbone Written Instructions

Using 4mm needles over a multiple of 4 sts.

**Round 1:** [K2, sl2 wyif] to end.

**Round 2:** [Sl1 wyif, k2, sl1 wyif] to end.

**Round 3:** [Sl2 wyif, k2] to end.

**Round 4:** [K1, sl2 wyif, k1] to end.

**Rounds 5-12:** Rep rounds 1- 4 twice more.

**Round 13:** [Sl2 wyif, k2] to end. On this round you are reversing the direction of the herringbone pattern.

**Round 14:** [S1 wyif, k2, sl1 wyif] to end.

**Round 15:** [K2, sl2] to end.

**Round 16:** [K1, sl2 wyif, k1] to end.

**Rounds 17-24:** Rep rounds 13-16 twice more.

## I-Cord Cast On

With main colour and 4mm needles cast on 4 sts by the long-tail method. Slip the sts purl-wise back to the left-hand needle so the working yarn is at the far end of the row.

\*Knit into the front and back (Kfb) of the first st, k3.

Slip 4 sts purl-wise to the left-hand needle, rep from \*.

Each kfb casts on 1 stitch.

Cast on 145 sts.

Being careful not to twist the sts, join in the round by slipping the last st back to the LH needle, k2tog. Place marker for start of round. (144 sts).

Following the chart or written instructions work herringbone pattern starting at Round 1.

Work 6 rows main colour followed by 6 rows of contrast colour for a total of 90 rounds finishing with 6 rows of main colour.

When changing colour, carry the non-working yarn up the inside of the knitting, trapping it occasionally underneath the working yarn. To prevent it showing this is best done between two knit stitches rather than between a knit and a slipped stitch.

## I-cord Cast-Off

Change to 3.75mm/US 5 needles, cast on 3 sts using the cable method.

\*K2, ssk (the third st of those you just cast on and the first st from the main work). Slip 3 sts purl-wise from right to left needle and rep from \*.

When you reach the last three sts slip them purl-wise back to the LH needle; k2tog, k1.

Transfer the two sts to the LH needle; k2tog tbl.



## Finishing

Join the ends of the i-cord cast on and do the same for the i-cord cast off. Weave in all ends.

Steam or wet block to measurements.